

# SAFETY WEBINAR



## Heat Stress: Stay Cool and Compliant

**APRIL 18, 2013**

2 to 3 p.m. ET 1 to 2 p.m. CT Noon to 1 p.m. MT 11 a.m. to Noon PT



### > TOPICS OF DISCUSSION

- Signs and symptoms of heat stress
- The difference between heat exhaustion and heat stroke
- How to prevent and treat heat stress

**This informative webinar will help you understand the difference between heat exhaustion and heat stroke.**

You'll learn how to help prevent and treat both of these medical emergencies. The forum will also teach you where and when the risk factors for heat stress increase.

### Keynote Speaker: Kent Shea,

*Grainger Technical Product  
Support Specialist*

Kent has been with Grainger for more than 22 years. He's served as a paramedic for 24 years and is currently a lieutenant with his local fire department. Kent has an associate's degree in fire science, plus an associate's degree in paramedic science from Keiser College. He has also completed his OSHA 30-hour certification. Kent is one of over 30 Grainger safety product technical support professionals here to support you **Monday through Friday, 7 a.m. to 7 p.m. CT or by email at [safetysupport@grainger.com](mailto:safetysupport@grainger.com).**

*Count on Grainger for the products, services and solutions you need to help keep your employees and guests safe while operating safer facilities.*

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