

Completed By:

Location:

Date Completed:

Ladders (Construction)

Instructions: This checklist is intended to help you identify potential hazards in your workplace. The questions are based on applicable Federal OSHA standards. Keep in mind that additional state and local regulations may apply, depending upon your location. Please check one answer for each question. If you select “no,” you should investigate further to determine what corrective action may be needed to address the hazard. You can review the specific OSHA Standards outlined below at www.osha.gov/law-regs.html. Choose “General Industry” or “Construction.”

	Questions	OSHA Regulation	Yes	No	N/A
	General Requirements				
1)	Are ladder rungs, cleats, and steps parallel, level, and uniformly spaced when the ladder is in position for use?	1926.1053(a)(2)			
2)	Are ladders inspected periodically by a competent person and after any incident that could affect their safe use?	1926.1053(b)(15)			
3)	Are ladders loaded at or below the maximum intended load for which they were built, or at or below the manufacturer’s rated capacity?	1926.1053(b)(3)			
4)	Are ladders maintained free of oil, grease, and other slipping hazards?	1926.1053(b)(2)			
5)	Are ladders prohibited from being tied or fastened together to provide longer sections?	1926.1053(a)(7)			
6)	Are ladders used on slippery surfaces ONLY when they are secured or provided with slip-resistant feet to prevent displacement?	1926.1053(b)(7)			
7)	Are ladders used only on stable and level surfaces, unless secured to prevent displacement?	1926.1053(b)(6)			
8)	Are portable ladders with structural defects (a) immediately marked in a manner that readily identifies them as defective, (b) tagged with "DO NOT USE" or similar language, or (c) withdrawn from service until repaired?	1926.1053(b)(16)			

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	General Requirements				
9)	Are rungs, cleats, and steps of portable ladders spaced at least 10 but not more than 14 inches apart?	1926.1053(a)(3)(i)			
10)	Are the rungs and steps of portable metal ladders corrugated, knurled, dimpled, coated with skid-resistant material, or otherwise treated to minimize slipping?	1926.1053(a)(6)(ii)			
11)	Can ladders support the load they are expected to carry?	1926.1053(a)(1)(i),(ii), and(iii)			
12)	Do portable ladders extend at least 3 feet above the upper landing surface for which the ladder is used to gain access?	1926.1053(b)(1)			
13)	Is a metal spreader or locking device provided on each stepladder to hold the front and back sections in an open position when the ladder is being used?	1926.1053(a)(8)			
14)	Is it prohibited to move, shift, or extend ladders while they are occupied?	1926.1053(b)(11)			
15)	Is standing on the top or top step of a stepladder prohibited?	1926.1053(b)(13)			
16)	Is the area around the top and bottom of ladders kept clear?	1926.1053(b)(9)			
	Training Requirements				
17)	Does the employer provide a training program for each employee using ladders and stairways?	1926.1060(a)			
18)	Does the training program enable each employee to recognize hazards related to ladders and stairways?	1926.1060(a)			

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	Questions	OSHA Regulation	Yes	No	N/A
	Training Requirements				
19)	Has the employer ensured that each employee has been trained by a competent person?	1926.1060(a)(1)			
20)	Is training provided in the correct procedures for erecting, maintaining, and disassembling the fall protection systems to be used?	1926.1060(a)(1)(ii)			
21)	Is training provided in the maximum intended load carrying capacities of ladders used?	1926.1060(a)(1)(iv)			
22)	Is retraining provided for each employee so the employee maintains the understanding and knowledge?	1926.1060(b)			

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