CORE SAFETY TRAINING LIBRARY

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GRAINGER CORE OSHA SAFETY TRAINING

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GENERAL SAFETY COURSES

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These materials have been developed based on applicable federal laws and regulations in place at the time the materials were created. The courses are being provided for educational and informational purposes only and do not constitute and are not intended to provide OSHA compliance certification, regulatory compliance, a substitute for any “hands on” training required by applicable laws and regulations, or other legal or professional advice or services. By assessing these materials, you assume all responsibility and risk arising from the use of the content contained therein.
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Course Descriptions

Course descriptions are listed in the following categories:

- General Safety Courses
- Healthcare-Specific Courses
- Petroleum-Specific Courses
- CAL/OSHA Courses

General Safety Courses

ACCESS TO MEDICAL & EXPOSURE RECORDS (#114)

This course is designed to provide an understanding of the rights and responsibilities under OSHA's Standard 29 CFR 1910.1020 Access to Employee Exposure and Medical Records. In addition, the trainee will learn the different types of exposure and the types of records that can be accessed under the standard.

This course will help the trainee:

- Identify the different types of exposure and define the word "access" as it applies to this standard.
- Identify the types of records covered under the standard.
- Learn about Designated Employee Representatives.
- Identify the employer’s responsibilities with respect to the standard.
- Understand their responsibilities.

Course Outline:

- Module 1: Types of Exposure/Definitions of Access
- Module 2: Types of Records
- Module 3: Designated Employee Representatives
- Module 4: Employer Responsibilities
- Module 5: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:

- English (#114)
- Spanish (#521)
- SCORM 1.2 English
- SCORM 1.2 Spanish
AIR-PURIFYING RESPIRATORS (#125)

This course is designed to provide the trainee with information regarding the maximum benefit of wearing an air-purifying respirator in the workplace, as required by the OSHA regulations within 29 CFR 1910.134 Respiratory Protection.

This course will help the trainee:
- Understand why the respirator is necessary and how improper fit, usage, or maintenance can compromise the protective effect of the respirator.
- Understand the limitations and capabilities of a respirator.
- Understand how to inspect, put on and remove, use, and check the seal of a respirator.
- Understand what the proper procedures are for maintenance and storage of a respirator.
- Know how to recognize medical signs and symptoms that may limit or prevent the effective use of a respirator.

Course Outline:
- Module 1: Overview
- Module 2: Types of Air-Purifying Respirators
- Module 3: Before You Use a Respirator
- Module 4: Respirator Use, Maintenance, and Care
- Module 5: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#125)
- Spanish (#525)
- SCORM 1.2 English
- SCORM 1.2 Spanish

ARC FLASH SAFETY (#222)

This program is designed to promote understanding and management of the arc flash hazard in the work environment.

This course will help the trainee:
- Understand the arc flash hazard.
- Recognize national consensus standards.
- Be familiar with OSHA requirements.

Course Outline:
- Module 1: Introduction to Arc Flash
- Module 2: National Consensus Standards
- Module 3: The OSHA Position
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#222)
- Spanish (#549)
- SCORM 1.2 English
- SCORM 1.2 Spanish
ASBESTOS AWARENESS (#84)

This course is designed to provide the trainee with the information required by the hazard communication elements of the OSHA Standard for Asbestos, 29 CFR 1910. In addition, it will convey information on the uses and hazards of asbestos and outline the basic elements of an Asbestos Management Plan.

This course will help the trainee:
- Understand the hazard communication information required by the OSHA General Industry Standard for Asbestos.
- Recognize the uses and hazards of asbestos.
- Be able to outline the basic elements of an Asbestos Management Plan.

Course Outline:
- Module 1: Overview
- Module 2: Hazards of Asbestos
- Module 3: Asbestos Management Program
- Module 4: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#84)
- Spanish (#509)
- SCORM 1.2 English
- SCORM 1.2 Spanish

ATMOSPHERE-SUPPLYING RESPIRATORS (#126)

This course is designed to provide the trainee with information pertaining to the OSHA regulation 29 CFR 1910.134 Respiratory Protection. It will help the trainee receive maximum benefit from wearing an atmosphere-supplying respirator in the workplace.

This course will help the trainee:
- Understand why wearing an atmosphere-supplying respirator is necessary.
- Understand the limitations and capabilities.
- Know how to inspect the respirator.
- Know the procedures for maintenance and storage of the respirator.
- Recognize medical signs and symptoms that may limit or prevent the effective use of the respirator.

Course Outline:
- Module 1: Overview
- Module 2: Use of Atmosphere-Supplying Respirators
- Module 3: Maintenance and Care
- Module 4: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#126)
- Spanish (#526)
- SCORM 1.2 English
- SCORM 1.2 Spanish
BACK INJURY PREVENTION (#111)

The objectives for this course are to improve understanding of the physiology of the back, to recognize factors that contribute to back injury, and to identify strategies that can be implemented in the workplace to reduce the potential for back injury.

This course will help the trainee:
- Recognize factors that contribute to back injury.
- Identify strategies to reduce potential for back injury.

Course Outline:
- Module 1: Physiology of the Back
- Module 2: Factors that Contribute to Back Injury
- Module 3: Back Injury Prevention
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#111)
- Spanish (#519)
- SCORM 1.2 English
- SCORM 1.2 Spanish

CHLORINE (#236)

This program is designed to help employees work safely with chlorine.

This course will help the trainee:
- Know basic information about chlorine.
- Recognize health effects related to chlorine exposure.
- Understand control measures useful for this chemical.

Course Outline:
- Module 1: Basic Information About Chlorine
- Module 2: Health Effects
- Module 3: Controlling Exposure
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#236)
- SCORM 1.2 English
COMPRESSED GASES (#147)

This course is designed to provide an overview of compressed gases and cylinders.

This course will help the trainee:

- Understand various types of gases stored within compressed gas cylinders.
- Recognize the chemicals and physical hazards associated with these gases.
- Be familiar with work practices for the safe use of compressed gases in your workplace.

Course Outline:

- Module 1: Course Introduction
- Module 2: Types of Compressed Gases and Cylinders
- Module 3: Chemical Hazards
- Module 4: Physical Hazards
- Module 5: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:

- English (#147)
- Spanish (#541)
- SCORM 1.2 English
- SCORM 1.2 Spanish

CONFINED SPACE ENTRY FOR GENERAL INDUSTRY (#253)

This course is designed for employees working in general industry. It will give trainees information to recognize, understand, and develop a fully-functional, permit-required confined space program to perform work safely in this type of environment.

This course will help the trainee:

- Understand the definitions and hazards of confined spaces.
- Understand their roles and responsibilities.
- Understand the major elements of a confined space entry program.

Course Outline:

- Module 1: Overview of the Issue
- Module 2: Roles and Responsibilities
- Module 3: Identifying, Monitoring, and Entering Confined Spaces
- Module 4: The Permit System
- Module 5: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:

- English (#253)
- SCORM 1.2 English
CONFINED SPACE ENTRY FOR MANUFACTURING EMPLOYEES (#122)

This course is designed for employees working in the manufacturing sector. It will give trainees information to recognize, understand, and develop a fully-functional, permit-required confined space program to perform this type of work safely in this type of environment.

This course will help the trainee:
- Understand the definitions and hazards of confined spaces.
- Understand their roles and responsibilities.
- Understand the major elements of a confined space entry program.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Roles and Responsibilities
- Module 3: Identifying, Monitoring, and Entering Confined Spaces
- Module 4: The Permit System
- Module 5: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#122)
- Spanish (#523)
- SCORM 1.2 English
- SCORM 1.2 Spanish

CONFINED SPACE ENTRY FOR MUNICIPALITIES (#121)

This course is designed for employees working for municipalities. It will give trainees information to recognize, understand, and develop a fully-functional, permit-required confined space program to perform this type of work safely in this type of environment.

This course will help the trainee:
- Understand the definitions and hazards of confined spaces.
- Understand their roles and responsibilities.
- Understand the major elements of a confined space entry program.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Roles and Responsibilities
- Module 3: Identifying, Monitoring, and Entering Confined Spaces
- Module 4: The Permit System
- Module 5: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#121)
- SCORM 1.2 English
CONFINED SPACE ENTRY FOR WASTEWATER TREATMENT FACILITIES (#116)

This course is designed for employees working for wastewater treatment facilities. It will give trainees information to recognize, understand, and develop a fully-functional, permit-required confined space program to perform this type of work safely in this type of environment.

This course will help the trainee:
- Understand the definitions and hazards of confined spaces.
- Understand their roles and responsibilities.
- Understand the major elements of a confined space entry program.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Roles and Responsibilities
- Module 3: Identifying, Monitoring, and Entering Confined Spaces
- Module 4: The Permit System
- Module 5: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#116)
- SCORM 1.2 English

CONTROL OF HAZARDOUS ENERGY (LOCKOUT/TAGOUT) (#67)

The content of this course is designed to give trainees an understanding of Control of Hazardous Energy, often called lockout/tagout.

This course will help the trainee:
- Know information required for authorized employees under the OSHA lockout/tagout standard (Control of Hazardous Energy, 29 CFR 1910.147).
- Recognize and understand procedures necessary to control hazardous energy during equipment servicing and maintenance.

Course Outline:
- Module 1: Overview
- Module 2: Affected and Authorized Employees
- Module 3: Energy Control Program
- Module 4: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#67)
- Spanish (#502)
- SCORM 1.2 English
- SCORM 1.2 Spanish
CPR FOR LAY RESCUER (#109)

This course is intended for non-healthcare personnel who may be involved in the performance of CPR on adults in the workplace. The information in this course is not intended for healthcare professionals, two-rescuer CPR procedures, or for CPR on infants.

This course will help the trainee:
- Recognize the role of CPR in providing immediate care to victims of sudden cardiac arrest.
- Understand the current guidelines for lay rescuer CPR.
- Be prepared to manage other issues that arise as the result of the performance of CPR.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Lay Rescuer Adult CPR Procedure
- Module 3: Companion Issues
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#109)
- Spanish (#518)
- SCORM 1.2 English
- SCORM 1.2 Spanish

CRYSTALLINE SILICA (#161)

The content of this course is designed to provide employees with the information they need to understand crystalline silica exposure.

This course will help the trainee:
- Recognize the health hazards associated with silica exposure.
- Understand preventative measures that can be implemented to reduce exposure.
- Have sources for additional information on this hazard.

Course Outline:
- Module 1: Health Hazards
- Module 2: Control Measures
- Module 3: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#161)
- SCORM 1.2 English
**DRIVER SAFETY (#68)**

This course is designed to provide employees with the information required to operate vehicles safely. Traffic accidents are the leading cause of accidental deaths among U.S. workers. Therefore, safe vehicle operation is essential. This course describes general defensive driving techniques and presents vehicle safety recommendations.

This course will help the trainee:
- Recognize the factors that contribute to vehicle accidents.
- Understand the defensive driving philosophy.
- Be able to implement accidental avoidance techniques.
- Recognize the requirements for expressway driving.

**Course Outline**
- Module 1: Overview of Defensive Driving
- Module 2: Conditions Contributing to Motor Vehicle Accidents
- Module 3: Accident Avoidance Techniques
- Module 4: Driving on Expressways
- Module 5: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#68)
- SCORM 1.2 English

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**ELECTRICAL SAFE WORK PRACTICES FOR QUALIFIED WORKERS (#79)**

The content of this course is designed to provide the trainee with the information as required by the Occupational Safety and Health Administration's standard for Electrical Safety-Related Work Practices, which is found in the Code of Federal Regulations as Title 29 Part 1910.332.

This course will help the trainee:
- Understand electrical hazards and the proper work practices to use when working with, or in near proximity to, electrical equipment.

**Course Outline:**
- Module 1: Overview
- Module 2: The Basics of Electricity
- Module 3: The Hazards of Electricity
- Module 4: Safe Work Practices
- Module 5: The 'Qualified' Person
- Module 6: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#79)
- SCORM 1.2 English
ELECTRICAL SAFE WORK PRACTICES FOR UNQUALIFIED WORKERS (#62)

The content of this course is designed to provide the trainee with the information as required by the Occupational Safety and Health Administration's standard for Electrical Safety-Related Work Practices, which is found in the Code of Federal Regulations as Title 29 Part 1910.332.

This course will help the trainee:

- Understand the electrical hazards and the proper work practices to use when working with, on, or near electrical equipment.

Course Outline:

- Module 1: Overview
- Module 2: The Basics of Electricity
- Module 3: The Hazards of Electricity
- Module 4: Safe Work Practices
- Module 5: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:

- English (#62)
- Spanish (#500)
- SCORM 1.2 English
- SCORM 1.2 Spanish

ELECTROSTATIC DISCHARGE (#136)

This course is designed to give employees a basic overview of electrostatic discharge (ESD), including the types of ESD damage and how to prevent ESD damage.

This course will help the trainee:

- Understand the origins and potential harm of ESD.
- Recognize the different types of ESD damage.
- Be able to implement ESD damage prevention strategies.

Course Outline:

- Module 1: The ABC's of ESD
- Module 2: Types of ESD Damage
- Module 3: Preventing ESD Damage
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:

- English (#136)
- Spanish (#535)
- SCORM 1.2 English
- SCORM 1.2 Spanish
EMERGENCY EYEWASH AND SHOWER (#144)

This course is designed to provide an overview of emergency eyewash and showers in the workplace.

This course will help the trainee:
- Describe the importance of maintaining safety showers and eyewash stations.
- Identify some common types of safety showers and eyewash stations.
- Explain the basic steps used to operate common types of this equipment.
- Monitor the condition of safety showers and eyewash stations in the work area.

Course Outline:
- Module 1: Program Introduction
- Module 2: Overview of the Topic
- Module 3: Different Types of Devices
- Module 4: Proper Use and Maintenance
- Module 5: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#144)
- Spanish (#539)
- SCORM 1.2 English
- SCORM 1.2 Spanish

EMERGENCY PLANNING AND COMMUNITY RIGHT-TO-KNOW ACT (#138)

This course is designed to provide an overview of the Emergency Planning and Community Right-to-Know Act (EPCRA) of 1986.

This course will help the trainee:
- Understand the requirements of EPCRA.
- Know how this legislation affects your facility.
- Have a list of resources for additional information.

Course Outline:
- Module 1: The ABC’s of EPCRA
- Module 2: The Four Major Provisions of EPCRA
- Module 3: Additional EPCRA Requirements
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#138)
- SCORM 1.2 English
EMERGENCY RESPONSE OVERVIEW (#131)


This course will help the trainee:
- Recognize the different types of workplace emergencies.
- Understand the OSHA requirements applicable to various response scenarios.
- Understand the training requirements applicable to emergency response in the work environment.

Course Outline:
- Module 1: Overview of Workplace Emergencies
- Module 2: OSHA Requirements Related to Emergency Response
- Module 3: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#131)
- Spanish (#531)
- SCORM 1.2 English
- SCORM 1.2 Spanish

ERGONOMICS (#75)

This course is designed to provide an overview of ergonomics in the workplace.

This course will help the trainee:
- Recognize ergonomic risk factors in the workplace by utilizing the Job Hazard Analysis Process.
- Understand the types of ergonomic control mechanisms that are available to help.
- Be able to implement these ergonomic control mechanisms in your workplace and avoid an ergonomic related injury.

Course Outline:
- Module 1: Overview
- Module 2: Job Hazard Analysis
- Module 3: Ergonomic Control Mechanisms
- Module 4: Preventing Ergonomic Injuries
- Module 5: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#75)
- Spanish (#504)
- SCORM 1.2 English
- SCORM 1.2 Spanish
FALL PROTECTION FOR CONSTRUCTION (#156)

This course is designed to provide employees with the information required by the Occupational Safety and Health Administration's standard for Fall Protection in Construction which falls within the scope of the Code of Federal Regulations as Title 29 Part 1926 Subpart M Fall Protection.

This course will help the trainee:
- Understand an overview of the topic of fall protection.
- Recognize various fall protection strategies that can be utilized to minimize the hazard.
- Review the types of equipment used in personal fall arrest systems.
- Understand their responsibilities under this program.

Course Outline:
- Module 1: Overview
- Module 2: Fall Protection Strategies
- Module 3: Personal Fall Arrest Equipment
- Module 4: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#156)
- Spanish (#545)
- SCORM 1.2 English
- SCORM 1.2 Spanish

FIRST AID (#112)

This course is to provide an overview of first aid for employees who serve on first aid teams in an occupational setting.

This course will help the trainee:
- Understand the components of a workplace first aid program.
- Have basic knowledge of first aid procedures applicable to common medical situations in the workplace.
- Be prepared to manage other issues that arise as the result of the performance of first aid practices/procedures.

Course Outline:
- Module 1: Elements of a First Aid Program
- Module 2: Assessing the Scene and the Victim
- Module 3: Life-Threatening Emergencies
- Module 4: Non-Life-Threatening Emergencies
- Module 5: Companion Issues
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#112)
- Spanish (#520)
- SCORM 1.2 English
- SCORM 1.2 Spanish
FIRST RESPONDER AWARENESS LEVEL (#130)

This course is designed for workers who will be part of the Awareness Level function in an Emergency Response Plan, as it pertains to OSHA HazWoper Standard 29 CFR 1910.120(q)(6)(i).

This course will help the trainee:
- Understand the basic requirements of the HazWoper Standard.
- Recognize the role of Awareness Level personnel.
- Recognize the additional information you need in order to execute your role as a First Responder Awareness Level person in your company’s emergency response program.

Course Outline:
- Module 1: The HazWoper Standard
- Module 2: The Role of Awareness Level Personnel
- Module 3: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#130)
- Spanish (#530)
- SCORM 1.2 English
- SCORM 1.2 Spanish

GHS: UNDERSTANDING SAFETY DATA SHEETS (#251)

This course is specifically designed to train employees on how to read Globally Harmonized System (GHS) formatted Safety Data Sheets to satisfy OSHA’s December 1, 2013 training requirement.

This course will help the trainee:
- Recognize the new GHS format for Safety Data Sheets (SDS).
- Know how to read and understand the new GHS format on Safety Data Sheets effectively.

NOTE: This course fulfills part of OSHA’s Dec. 1, 2013 training requirement deadline for having employees trained on the Globally Harmonized System (GHS) label elements and updated safety data sheet (SDS) formats. In addition to this course, we recommend that your employees also complete the following two courses:
- GHS: Understanding the New Label (#252)
- Hazard Communication for General Industry (#106) (This course is also available for these industries: Construction, Healthcare, Laboratory, Manufacturing, and Petroleum.)

There are additional site-specific training and notification requirements outlined in OSHA’s Hazard Communication Standard (HCS), updated in May 2012, that you must take to ensure you are fully in compliance with the standard. If you have questions, please consult with your local OSHA office for more information around these additional requirements.
Course Outline:

- Module 1: Overview of the GHS Standard
  - The purpose of the GHS Standard
  - The benefits of the GHS Standard
  - The highlights of changes made to the Hazard Communication Standard

- Module 2: Safety Data Sheets
  - Overview of the new format
  - The sixteen parts of the Safety Data Sheet
  - The key sections of the Safety Data Sheet

- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:

- English (#251)
- SCORM 1.2 English

GHS: UNDERSTANDING THE NEW LABELS (#252)

This course is specifically designed to train employees on how to read Globally Harmonized System (GHS) formatted labels to satisfy OSHA’s December 1, 2013 training requirement.

This course will help the trainee:

- Recognize the new GHS format label types.
- Know how to read and understand GHS formatted labels effectively.

**NOTE:** This course fulfills part of OSHA’s Dec. 1, 2013 training requirement deadline for having employees trained on the Globally Harmonized System (GHS) label elements and updated safety data sheet (SDS) formats. In addition to this course, we recommend that your employees also complete these two courses:

- GHS: Understanding Safety Data Sheets (#251)
- Hazard Communication for General Industry (#106) (This course is also available for these industries: Construction, Healthcare, Laboratory, Manufacturing, and Petroleum.)

There are additional site-specific training and notification requirements outlined in OSHA’s Hazard Communication Standard (HCS), updated in May 2012, that you must take to ensure you are fully in compliance with the standard. If you have questions, please consult with your local OSHA office for more information around these additional requirements.

Course Outline:

- Module 1: Overview of the GHS Standard
  - The purpose of the GHS Standard
  - The benefits of the GHS Standard
  - The highlights of changes made to the Hazard Communication Standard

- Module 2: Shipped Container Labels
  - The six required elements on a shipped label
  - The nine hazard symbols used in GHS
  - The meanings of signal words used in GHS.

- Module 3: Workplace Labels
  - Workplace labeling options

- Exam
The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#252)
- SCORM 1.2 English

**GLASSWARE SAFETY (#145)**

This course is designed to provide an overview of glassware safety in a wide variety of industrial applications.

This course will help the trainee:
- Select the proper glassware for various applications.
- Identify the common hazards of glassware use.
- Be prepared to safely use and properly maintain glassware.

Course Outline:
- Module 1: Course Introduction
- Module 2: Overview of Glassware
- Module 3: Proper Use and Care of Glassware
- Module 4: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#145)
- SCORM 1.2 English

**HAND AND POWER TOOLS (#133)**

This course is designed to provide the trainee with the information required by the OSHA Standards for Portable Powered Tools and Hand-Held Equipment as found in 29 CFR 1910 Subpart P.

This course will help the trainee:
- Identify the hazards associated with hand and portable power tools.
- Identify the specific precautions that should be taken with each type of hand and portable power tools.

Course Outline:
- Module 1: General Safety Precautions
- Module 2: Hand Tools
- Module 3: Portable Power Tools
- Module 4: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#133)
- Spanish (#533)
- SCORM 1.2 English
- SCORM 1.2 Spanish
HAZARD COMMUNICATION FOR CONSTRUCTION (#93)

This course is designed to provide you with the information as required by the Occupational Safety and Health Administration's Hazard Communication Standard, which is found in the Code of Federal Regulations as Title 29 Part 1926.59. This course was specifically designed for employees working in construction jobs.

This course will help the trainee understand:
- How to recognize the presence of hazardous chemicals in your work area.
- The physical and health hazards of hazardous chemicals.
- The protective measures you should use to help prevent harmful exposures to those chemicals.

**NOTE:** This course fulfills part of OSHA’s Dec. 1, 2013 training requirement deadline for having employees trained on the Globally Harmonized System (GHS) label elements and updated safety data sheet (SDS) formats. In addition to this course, we recommend that your employees also complete these two courses:

- GHS: Understanding Safety Data Sheets (#251)
- GHS: Understanding the New Label (#252)

There are additional site-specific training and notification requirements outlined in OSHA's Hazard Communication Standard (HCS), updated in May 2012, that you must take to ensure you are fully in compliance with the standard. If you have questions, please consult with your local OSHA office for more information around these additional requirements.

Course Outline:
- Module 1: Overview
- Module 2: Detecting Chemicals in the Workplace
- Module 3: Physical and Chemical Hazards
- Module 4: Protective Measures
- Module 5: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#93)
- SCORM 1.2 English
HAZARD COMMUNICATION FOR GENERAL INDUSTRY (#106)

This course is designed to provide you with the information as required by the Occupational Safety and Health Administration’s Hazard Communication Standard, which is found in the Code of Federal Regulations as Title 29 Part 1910.1200. This course was specifically designed for employees working within general industry.

This course will help the trainee understand:
- How to recognize the presence of hazardous chemicals in your work area.
- The physical and health hazards of hazardous chemicals.
- The protective measures you should use to help prevent harmful exposures to those chemicals.

NOTE: This course fulfills part of OSHA’s Dec. 1, 2013 training requirement deadline for having employees trained on the Globally Harmonized System (GHS) label elements and updated safety data sheet (SDS) formats. In addition to this course, we recommend that your employees also complete these two courses:
  - GHS: Understanding Safety Data Sheets (#251)
  - GHS: Understanding the New Label (#252)

There are additional site-specific training and notification requirements outlined in OSHA’s Hazard Communication Standard (HCS), updated in May 2012, that you must take to ensure you are fully in compliance with the standard. If you have questions, please consult with your local OSHA office for more information around these additional requirements.

Course Outline:
- Module 1: Overview
- Module 2: Detecting Chemicals in the Workplace
- Module 3: Physical and Chemical Hazards
- Module 4: Protective Measures
- Module 5: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#106)
- Spanish (#516)
- SCORM 1.2 English
- SCORM 1.2 Spanish
HAZARD COMMUNICATION FOR MANUFACTURING (#95)

This course is designed to provide you with the information as required by the Occupational Safety and Health Administration's Hazard Communication Standard, which is found in the Code of Federal Regulations as Title 29 Part 1910.1200. This course was specifically designed for employees working within the manufacturing sector.

This course will help the trainee understand:
- How to recognize the presence of hazardous chemicals in your work area.
- The physical and health hazards of hazardous chemicals.
- The protective measures you should use to help prevent harmful exposures to those chemicals.

**NOTE:** This course fulfills part of OSHA’s Dec. 1, 2013 training requirement deadline for having employees trained on the Globally Harmonized System (GHS) label elements and updated safety data sheet (SDS) formats. In addition to this course, we recommend that your employees also complete these two courses:

- GHS: Understanding Safety Data Sheets (#251)
- GHS: Understanding the New Label (#252)

There are additional site-specific training and notification requirements outlined in OSHA’s Hazard Communication Standard (HCS), updated in May 2012, that you must take to ensure you are fully in compliance with the standard. If you have questions, please consult with your local OSHA office for more information around these additional requirements.

Course Outline:
- Module 1: Overview
- Module 2: Detecting Chemicals in the Workplace
- Module 3: Physical and Chemical Hazards
- Module 4: Protective Measures
- Module 5: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#95)
- Spanish (#511)
- SCORM 1.2 English
- SCORM 1.2 Spanish
HAZARDOUS MATERIALS TRANSPORTATION (#139)

This course is designed to provide an overview of the Hazardous Materials Regulations (HMR) promulgated by the Department of Transportation.

This course will help the trainee:
- Understand the requirements of the Hazardous Materials Regulations.
- Know how this legislation affects the facility.
- Know a list of resources for additional information.

Course Outline:
- Module 1: Course Introduction
- Module 2: Overview of the HMR
- Module 3: The Basic Requirements of the HMR
- Module 4: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#139)
- Spanish (#537)
- SCORM 1.2 English
- SCORM 1.2 Spanish

HEARING CONSERVATION FOR CONSTRUCTION EMPLOYERS (#96)

This course is designed to provide the trainee with the information pertaining to the Occupational Safety and Health Administration's Noise Standard, which is found in the Code of Federal Regulations as Title 29 Part 1926.52. This course is designed for workers employed in the construction industry.

This course will help the trainee understand:
- The effects of noise on hearing.
- The purpose of hearing protectors.
- The advantages and disadvantages of various types of hearing protectors.
- The proper selection, fitting, use, and care of hearing protectors.
- The purpose of audiometric testing.

Course Outline:
- Module 1: Hearing Loss
- Module 2: Measuring Sound
- Module 3: Your Company's Hearing Conservation Program
- Module 4: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#96)
- SCORM 1.2 English
HEARING CONSERVATION FOR FORESTRY OPERATIONS (#101)

This course is designed to provide the trainee with the information pertaining to the Occupational Safety and Health Administration's Noise Standard, which is found in the Code of Federal Regulations as Title 29 Part 1910.95. This course is designed for workers employed workers employed in forestry and forestry-related operations.

This course will help the trainee understand:
- The effects of noise on hearing.
- The purpose of hearing protectors.
- The advantages and disadvantages of various types of hearing protectors.
- The proper selection, fitting, use, and care of hearing protectors.
- The purpose of audiometric testing.

Course Outline:
- Introduction
- Module 1: Hearing Loss
- Module 2: Measuring Sound
- Module 3: Your Company's Hearing Conservation Program
- Module 4: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#101)
- SCORM 1.2 English

HEARING CONSERVATION FOR GENERAL INDUSTRY (#127)

This course is designed to provide the trainee with the information pertaining to the Occupational Safety and Health Administration's Noise Standard, which is found in the Code of Federal Regulations as Title 29 Part 1910.95. This course is designed for workers employed in general industry.

This course will help the trainee understand:
- The effects of noise on hearing.
- The purpose of hearing protectors.
- The advantages and disadvantages of various types of hearing protectors.
- The proper selection, fitting, use, and care of hearing protectors.
- The purpose of audiometric testing.

Course Outline:
- Module 1: Overview
- Module 2: Hearing Loss
- Module 3: Measuring Sound
- Module 4: Your Company's Hearing Conservation Program
- Module 5: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#127)
- Spanish (#527)
- SCORM 1.2 English
- SCORM 1.2 Spanish
HEARING CONSERVATION FOR MANUFACTURING EMPLOYERS (#97)

This course is designed to provide the trainee with information pertaining to the Occupational Safety and Health Administration's Noise Standard, which is found in the Code of Federal Regulations as Title 29 Part 1910.95. This course is designed for workers employed in the manufacturing industry.

This course will help the trainee understand:
- The effects of noise on hearing.
- The purpose of hearing protectors.
- The advantages and disadvantages of various types of hearing protectors.
- The proper selection, fitting, use, and care of hearing protectors.
- The purpose of audiometric testing.

Course Outline:
- Module 1: Hearing Loss
- Module 2: Measuring Sound
- Module 3: Your Company's Hearing Conservation Program
- Module 4: Your Responsibilities

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#97)
- Spanish (#512)
- SCORM 1.2 English
- SCORM 1.2 Spanish

HEAT STRESS MANAGEMENT (#105)

This course is designed to train workers about the dangers, signs, and symptoms of heat-related illnesses, as well as strategies to prevent them.

This course will help the trainee:
- Understand the dangers of heat stress.
- Recognize signs and symptoms of the various stages of heat stress.
- Understand potential strategies to mitigate the effects of heat and prevent heat stress.

Course Outline:
- Module 1: Overview
- Module 2: Stages of Heat Stress
- Module 3: Controlling Heat Stress
- Module 4: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#105)
- Spanish (#515)
- SCORM 1.2 English
- SCORM 1.2 Spanish
HEXAVALENT CHROMIUM (#107)

This course is designed to provide the trainee with the information pertaining to the Occupational Safety and Health Administration's Hexavalent Chromium standard, which is found in the Code of Federal Regulations as Title 29 Part 1910.1026.

This course will help the trainee:

- Improve their knowledge of the uses and hazards of hexavalent chromium.
- Understand the requirements of the OSHA standard for hexavalent chromium.
- Recognize protective measures available to you to reduce exposure to hexavalent chromium in the workplace.

Course Outline:

- Module 1: Overview
- Module 2: Introduction to Hexavalent Chromium
- Module 3: The OSHA Standard
- Module 4: Protective Measures
- Module 5: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:

- English (#107)
- SCORM 1.2 English

INCIPIENT STAGE FIREFIGHTING (#108)

This course is designed for employees who need a basic understanding of incipient stage firefighting so they can make the right decisions when it comes to fire extinguisher usage.

This course will help the trainee:

- Be able to define an incipient stage fire.
- Know the different fire classifications.
- Recognize the different types of portable fire extinguishers.
- Know the basic principles of fire extinguisher operation.

Course Outline:

- Module 1: Overview
- Module 2: Classification of Fires
- Module 3: Types of Fire Extinguishers
- Module 4: Using a Portable Fire Extinguisher
- Module 5: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:

- English (#108)
- Spanish (#517)
- SCORM 1.2 English
- SCORM 1.2 Spanish
INORGANIC LEAD IN CONSTRUCTION (#162)

This course is designed to provide a basic overview for workers who have the potential for exposure to inorganic lead during construction activities.

This course will help the trainee:
- Understand the potential for exposure to lead during construction activities.
- Recognize the common control options to reduce lead exposure.
- Have resources for additional information.

Course Outline:
- Module 1: Worker Protection Programs
- Module 2: Engineering Controls
- Module 3: Housekeeping and Personal Hygiene
- Module 4: Protective Clothing
- Module 5: Respiratory Protection
- Module 6: Medical Surveillance
- Module 7: Additional Information
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#162)
- SCORM 1.2 English

INTRODUCTION TO OSHA (#157)

This course is designed to provide an introduction to the Occupational Safety and Health Administration (OSHA). It covers a wide range of topics that the trainee needs to know about OSHA.

This course will help the trainee:
- Describe the tools OSHA uses to help reduce workplace injuries and illnesses.
- Understand basic employer and employee responsibilities and rights under OSHA.
- Recognize how OSHA standards are organized and developed.
- Identify the steps of the OSHA inspection process.

Course Outline:
- Module 1: Background, Structure, and Responsibilities of OSHA
- Module 2: The OSHA Inspection Process
- Module 3: Sources of Additional Information
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#157)
- SCORM 1.2 English
INTRODUCTION TO OSHA RECORDKEEPING (#151)

This course is designed to provide a basic overview and review of the Occupational Safety and Health Administration (OSHA) recordkeeping standard, codified as 29 CFR Part 1904.

This course will help the trainee:
- Understand the industries covered by the Recording and Reporting Occupational Injuries and Illness regulations.
- Be able to determine if a particular injury or illness is recordable.
- Have resources for additional information on this subject.

Course Outline:
- Module 1: Introduction to the Recording and Reporting Occupational Injuries and Illness Regulations
- Module 2: Determining Recordability
- Module 3: Requirements Contained in the Recordkeeping Regulations
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#151)
- SCORM 1.2 English

INTRODUCTION TO WASTE MANAGEMENT (#249)

This program is designed to provide an overview of regulatory requirements and management practices for a variety of waste types.

This course will help the trainee learn:
- The different types of wastes.
- General guidelines for how to identify these wastes.

Course Outline:
- Module 1: Non-Hazardous Waste
- Module 2: Hazardous Waste
- Module 3: Used Oil
- Module 4: Universal Waste
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#249)
- SCORM 1.2 English
LASER SAFETY (#113)

This course is designed to provide employees with the information required to work safely with LASERS.

This course will help the trainee:
- Understand the different classifications of LASERS.
- Appreciate the potential hazards presented by the use of LASERS.
- Recognize the typical controls used to reduce the risk of injury from LASERS.

Course Outline:
- Module 1: Overview of the Topic
- Module 2: LASER Classifications and Hazards
- Module 3: Protective Systems
- Module 4: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#113)
- SCORM 1.2 English

LIQUEFIED PETROLEUM GAS (#150)

This course is designed to provide an overview of personal liquefied petroleum gases (LPG). This includes information about the characteristics, hazards, and typical controls used for LPG. Additionally, the course outlines some of the user’s personal responsibilities when dealing with LPG.

This course will help the trainee:
- Understand the composition of LPG.
- Recognize the hazards of LPG.
- Know control strategies commonly used to manage LPG safely in the work environment.
- Have resources for additional information.

Course Outline
- Module 1: Characteristics of LPG
- Module 2: Hazards of LPG
- Module 3: Controls Used for LPG
- Module 4: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#150)
- SCORM 1.2 English
MANUAL MATERIAL HANDLING (#129)

This course is designed to give trainees an overview of manual material handling.

This course will help the trainee:
  - Recognize the many and varied safety and health hazards associated with manual material handling.
  - Learn how to anticipate, evaluate, and control these hazards so that your material handling activities can be done with a reduced risk of injury to yourself and your coworkers.

Course Outline:
  - Module 1: Overview of the Topics
  - Module 2: Specific Hazards
  - Module 3: Your Responsibilities
  - Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
  - English (#129)
  - Spanish (#529)
  - SCORM 1.2 English
  - SCORM 1.2 Spanish

OFFICE WORKER SAFETY (#211)

This course provides the trainee with an overview of office safety and safe work practices.

This course will help the trainee:
  - Be familiar with the leading causes of accidents in the office environment.
  - Be prepared to implement safe work practices that will help reduce the risk of injury in the office work environment.

Course Outline:
  - Module 1: Overview of Office Safety
  - Module 2: Safe Work Practices
  - Module 3: Ergonomics
  - Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
  - English (#211)
  - Spanish (#548)
  - SCORM 1.2 English
  - SCORM 1.2 Spanish
**PEDESTRIAN SAFETY (#81)**

This course is designed to provide trainees with an overview of pedestrian safety.

This course will help the trainee:
- Identify and understand the risks presented when pedestrian workers and vehicles share the same work space.
- Understand practical control strategies to minimize the potential for pedestrian worker injuries in the workplace.

Course Outline:
- Module 1: Overview
- Module 2: Facility Design
- Module 3: Administrative Controls
- Module 4: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#81)
- Spanish (#506)
- SCORM 1.2 English
- SCORM 1.2 Spanish

**PERSONAL FALL ARREST SYSTEMS (#132)**

This course is designed to provide the trainee with an overview of how to use a personal fall arrest system.

This course will help the trainee:
- Understand the skills necessary to effectively use a personal fall arrest system (PFAS) while working at heights.
- Understand the basic use and maintenance of a PFAS.

Course Outline:
- Module 1: Overview
- Module 2: System Components
- Module 3: Inspecting and Cleaning
- Module 4: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#132)
- Spanish (#532)
- SCORM 1.2 English
- SCORM 1.2 Spanish
PERSONAL PROTECTIVE EQUIPMENT FOR CONSTRUCTION EMPLOYEES (#77)

This course is designed to provide the trainee with the information pertaining to OSHA's Standard for Personal Protective and Lifesaving Equipment, which is found in the Code of Federal Regulations as Title 29 Part 1926 Subpart E. This course will help the trainee get the maximum benefit from wearing personal protective equipment (PPE) in the workplace.

This course will help the trainee know:
- When PPE is necessary for an application.
- What PPE is necessary.
- How to properly don, doff, adjust, and wear PPE.
- The limitations of the PPE.
- The proper care, maintenance, useful life, and disposal of the PPE.

Course Outline:
- Module 1: Overview
- Module 2: Personal Protective Equipment
- Module 3: Maintenance and Care
- Module 4: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#77)
- SCORM 1.2 English

PERSONAL PROTECTIVE EQUIPMENT FOR GENERAL INDUSTRY (#65)

This course is designed to provide the trainee with the information pertaining to OSHA's Standard for PPE, which is found in the Code of Federal Regulations as Title 29 Part 1910.132. This course will help the trainee get the maximum benefit from wearing personal protective equipment (PPE) in the workplace.

This course will help the trainee know:
- When PPE is necessary.
- What PPE is necessary.
- How to properly don, doff, adjust, and wear PPE.
- The limitations of the PPE.
- The proper care, maintenance, useful life, and disposal of the PPE.

Course Outline:
- Module 1: Overview
- Module 2: Personal Protective Clothing
- Module 3: Head Protection
- Module 4: Eye Protection
- Module 5: Hand Protection
- Module 6: Foot Protection
- Module 7: Maintenance and Care
- Module 8: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.
This course is available in the following formats:
- English (#65)
- Spanish (#501)
- SCORM 1.2 English
- SCORM 1.2 Spanish

**PERSONAL PROTECTIVE EQUIPMENT FOR LABORATORY EMPLOYEES (#142)**

This course is designed to provide an overview for employees in the laboratory work environment. It will help the trainee understand the maximum benefit from wearing PPE in the workplace.

This course will help the trainee:
- Understand the OSHA Standards for Personal Protective Equipment (29 CFR 1910 Subpart I Personal Protective Equipment).
- Possess the knowledge and skills necessary to achieve the maximum benefit from use of personal protective equipment.

Course Outline:
- Module 1: Overview
- Module 2: Personal Protective Equipment
- Module 3: Maintenance and Care
- Module 4: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#142)
- SCORM 1.2 English

**PERSONAL PROTECTIVE EQUIPMENT FOR MANUFACTURING (#160)**

This course is designed to provide an overview of personal protective equipment for employers in the manufacturing industry. This includes protective clothing, head protection, eye protection, hand protection, and foot protection.

This course will help the trainee:
- Possess the knowledge and skills necessary to achieve the maximum benefit from their use of personal protective equipment.

Course Outline:
- Module 1: Overview
- Module 2: Personal Protective Equipment
- Module 3: Maintenance and Care
- Module 4: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#160)
- Spanish (#547)
- SCORM 1.2 English
POLLUTION PREVENTION (#143)

This course is designed to provide some background on pollution prevention and an overview of the Pollution Prevention Act of 1990.

This course will help the trainee:
- Define pollution prevention.
- Give examples of pollution prevention strategies.
- Know how to implement pollution prevention strategies in your workplace.
- Have resources for additional pollution prevention information.

Course Outline:
- Module 1: What is Pollution Prevention?
- Module 2: The Business Case for Pollution Prevention
- Module 3: Measuring Success
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#143)
- Spanish (#538)
- SCORM 1.2 English
- SCORM 1.2 Spanish

PORTABLE LADDER (#154)

This course is designed to provide the trainee with the information contained in OSHA's Standards on Portable Ladders which is found in 1910 Subpart D and 1926 Subpart X.

This course will help the trainee:
- Improve their knowledge of the different types of portable ladders and the appropriate use for each type.
- Understand the requirements of the various OSHA standards applicable to portable ladders.
- Be prepared to select, inspect, deploy, use, maintain, and store portable ladders in a safe manner.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Types of Portable Ladders
- Module 3: Care and Use of Portable Ladders
- Module 4: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#154)
- Spanish (#544)
- SCORM 1.2 English
- SCORM 1.2 Spanish
PORTABLE LADDERS FOR COMMUNICATIONS (#155)

This course is designed to provide the trainee with important information about portable ladder safety.

This course will help the trainee:
- Improve their knowledge of the different types of portable ladders and the appropriate use for each type.
- Understand the requirements of the various OSHA standards applicable to portable ladders.
- Be prepared to select, inspect, deploy, use, maintain, and store portable ladders in a safe manner.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Types of Portable Ladders
- Module 3: Care and Use of Portable Ladders
- Module 4: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#155)
- SCORM 1.2 English

PORTABLE WOOD LADDER SAFETY (#83)

This course is designed to provide the trainee with an overview of portable wood ladder safety in the workplace.

This course will help the trainee:
- Have the knowledge and understanding necessary to use portable wood ladders safely and in the workplace.

Course Outline:
- Module 1: Overview
- Module 2: Types and Requirements
- Module 3: Care and Use
- Module 4: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#83)
- Spanish (#508)
- SCORM 1.2 English
- SCORM 1.2 Spanish
POWERED INDUSTRIAL TRUCKS FOR CONSTRUCTION (#100)

This course is specifically developed for employees who operate powered industrial trucks in construction environments.

This course will help the trainee:
- Understand the Occupational Safety and Health Administration's Standard for training of Powered Industrial Truck operators in construction, which is found in the Code of Federal Regulations as Title 29 Part 1926.602(d).
- Be more familiar with operating characteristics of powered industrial trucks.
- Be prepared to follow the employer's operation instructions.
- Recognize issues related to the operating environment.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Truck Inspections
- Module 3: Standard Operating Procedures
- Module 4: Hazardous Environments
- Module 5: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#100)
- Spanish (#514)
- SCORM 1.2 English
- SCORM 1.2 Spanish

POWERED INDUSTRIAL TRUCKS FOR GENERAL INDUSTRY (#148)

This course is specifically developed for employees who operate powered industrial trucks in general industry.

This course will help the trainee:
- Understand the Occupational Safety and Health Administration’s Standard for Powered Industrial Trucks, which is found in the Code of Federal Regulations as Title 29 Part 1910.178.
- Be more familiar with operating characteristics of powered industrial trucks.
- Be prepared to follow the employer’s operation instructions.
- Recognize issues related to the operating environment.

Course Outline:
- Module 1: Overview
- Module 2: Truck Inspections
- Module 3: Standard Operating Procedures
- Module 4: Hazardous Environments
- Module 5: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#148)
- Spanish (#542)
- SCORM 1.2 English
- SCORM 1.2 Spanish
POWERED INDUSTRIAL TRUCKS FOR WAREHOUSE OPERATIONS (#99)

This course is specifically developed for employees who operate powered industrial trucks in warehouse environments.

This course will help the trainee:
- Understand the Occupational Safety and Health Administration's Standard for Powered Industrial Trucks, which is found in the Code of Federal Regulations as Title 29 Part 1910.178.
- Be more familiar with operating characteristics of powered industrial trucks.
- Be prepared to follow the employer's operation instructions.
- Recognize issues related to the operating environment.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Truck Inspections
- Module 3: Standard Operating Procedures
- Module 4: Hazardous Environments
- Module 5: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#99)
- Spanish (#513)
- SCORM 1.2 English
- SCORM 1.2 Spanish

RADIOFREQUENCY SAFETY AWARENESS (#135)

This course is designed for workers who may work in or near electromagnetic energy fields and therefore has the potential to be exposed to levels of radiofrequency (RF) energy higher than members of the general public.

This course will help the trainee:
- Understand the basics of radiofrequency energy.
- Recognize health effects associated with RF exposure.
- Understand the components of an RF safety program in the workplace.

Course Outline:
- Module 1: The ABC's of Radiofrequency Energy
- Module 2: Health Effects of RF Exposure
- Module 3: RF Regulations
- Module 4: Elements of RF Safety Programs
- Module 5: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#135)
- SCORM 1.2 English
SCAFFOLD USER (#82)

This course is designed to provide important information to scaffold users as set forth in the OSHA Construction Standard for Scaffolds which is found in the Code of Federal Regulations as 29 CFR 1926.451 Subpart L.

This program is intended to provide the trainee with the information needed to recognize the hazards associated with different types of scaffolds and to understand the procedures to control or minimize those hazards.

This course will help the trainee understand:
- The nature of any electrical hazards, fall hazards, and falling object hazards in the work area.
- The correct procedures for dealing with electrical hazards, fall protection systems, and falling object protection systems.
- The proper use of the scaffold.
- The proper handling of materials on the scaffold.

Course Outline:
- Module 1: Overview
- Module 2: Types of Scaffolds
- Module 3: Scaffold Terminology
- Module 4: Hazards Associated with Scaffold Use
- Module 5: Proper Use of Scaffolds
- Module 6: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#82)
- Spanish (#507)
- SCORM 1.2 English
- SCORM 1.2 Spanish

SLIPS, TRIPS, AND FALLS (#134)

This course is designed to provide the trainee with information on how to recognize and prevent slips, trips, and falls, as it pertains to OSHA 29 CFR 1910.22.

This course will help the trainee know:
- How to recognize the major causative factors for slips, trips, and falls.
- How to be familiar with strategies that can be implemented in the workplace to reduce the possibility of these accidents.

Course Outline:
- Overview
- Definitions and Causes
- Preventive Measures
- Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#134)
- Spanish (#534)
- SCORM 1.2 English
- SCORM 1.2 Spanish
SPILL PREVENTION, CONTROL, AND COUNTERMEASURE PLAN (#137)

This course is designed to provide an oversight of the requirements for certain facilities to generate a Spill Prevention, Control, and Countermeasure Plan, as it pertains to EPA 40 CFR 112.

This course will help the trainee:
- Understand the purpose and scope of the Oil Pollution Prevention Rule.
- Recognize the requirements for an SPCC Plan.
- Understand the specific elements required in an SPCC Plan.

Course Outline:
- Module 1: Course Introduction
- Module 2: The Oil Pollution Prevention Rule
- Module 3: The Applicability of the Rule
- Module 4: Specifics of the SPCC Plan
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#137)
- Spanish (#536)
- SCORM 1.2 English
- SCORM 1.2 Spanish

STORM WATER POLLUTION AWARENESS AND PREVENTION TRAINING (#250)

This program is developed to promote understanding of storm water and its impact on the environment, as it pertains to EPA 40 CFR 112.

This course will help the trainee learn:
- What is storm water?
- Why we should care about storm water?
- What is an illicit discharge?
- What are non-storm water discharges?
- What are sources of storm water?
- What measures must be taken to prevent and control storm water pollution?

Course Outline:
- Module 1: What is Storm Water?
- Module 2: Storm Water Impacts
- Module 3: Types of Storm Water Discharges
- Module 4: Sources of Storm Water Pollution
- Module 5: Pollution Prevention and Controls
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#250)
- SCORM 1.2 English
TAKING CARE OF YOUR BACK (#119)

This course is designed to provide an overview of back safety. Trainees will learn about the physiology of the back and how to avoid back injury.

This course will help the trainee:
- Improve understanding of the physiology of the back.
- Recognize factors that contribute to back injury.
- Identify strategies to reduce potential for back injury.

Course Outline:
- Module 1: Physiology of the Back
- Module 2: Factors that Contribute to Back Injury
- Module 3: Back Injury Prevention
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#119)
- Spanish (#522)
- SCORM 1.2 English
- SCORM 1.2 Spanish

TOXIC SUBSTANCES CONTROL ACT (#140)

This course is designed to provide an overview of the scope and content of the Toxic Substances Control Act (TSCA) regulation.

This course will help the trainee:
- Understand the scope and applicability of the TSCA regulation.
- Clearly distinguish the requirements of the four subchapters of TSCA.
- Find resources for additional information on the TSCA law.

Course Outline:
- Module 1: Course Introduction
- Module 2: The Introduction to TSCA
- Module 3: The Four Subchapters of TSCA
- Module 4: Additional EPCRA Requirements
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#140)
- SCORM 1.2 English
TRENCHING AND EXCAVATION (#128)

This course is designed to provide an overview for employees working in trenches and excavations during construction projects, as it pertains to OSHA 29 CFR 1926.651.

This course will help the trainee:
- Understand the OSHA requirements for trenching and excavation work.
- Be able to state the four classifications of soil.
- Be familiar with different protective systems used to make trenches and excavations safe for entry.
- Recognize additional safety and health concerns potentially present during trenching and excavation work.

Course Outline:
- Module 1: Overview of the Topic
- Module 2: Soil Mechanics and Soil Types
- Module 3: Protective Systems
- Module 4: Additional Considerations
- Module 5: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#128)
- Spanish (#528)
- SCORM 1.2 English
- SCORM 1.2 Spanish

UNIVERSAL WASTE (#146)

This course is designed to provide an overview of the Environmental Protection Agency (EPA) Universal Waste regulations (40 CFR Part 273) and to compare and contrast these regulations with other hazardous waste regulations.

This course will help the trainee:
- Understand the purpose of the EPA universal waste regulations.
- Recognize differences between universal waste and hazardous waste.
- Be proficient with the requirements of the four current universal waste categories as designated by the EPA.

Course Outline:
- Module 1: Overview of the Universal Waste Regulations
- Module 2: Universal Waste Categories
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#146)
- SCORM 1.2 English
WELDING SAFETY (#159)

This course is designed to provide an overview of welding safety. It covers a wide range of topics regarding OSHA and welding safety, as it pertains to Welding, Cutting, and Brazing (29 CFR 1910.252).

This course will help the trainee:
- Recognize the hazards associated with welding.
- Be proficient with gas cylinder usage requirements.
- Understand the requirements for welding equipment.
- Have work practices to implement in the workplace.

Course Outline:
- Module 1: Hazards of Welding
- Module 2: Transporting, Handling, and Storing Gas Cylinders
- Module 3: Using Welding Equipment
- Module 4: Work Practices
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#159)
- Spanish (#546)
- SCORM 1.2 English
- SCORM 1.2 Spanish

WORKPLACE HOUSEKEEPING FOR GENERAL INDUSTRY (#124)

This course is designed to give trainees an overview of workplace housekeeping standard as required in 29 CFR 1910.22.

This course will help the trainee:
- Recognize the essential elements of an effective workplace housekeeping program.
- Appreciate the benefits of an effective workplace housekeeping program.

Course Outline:
- Overview
- Benefits of a Workplace Housekeeping Program
- Elements of a Workplace Housekeeping Program
- Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#124)
- Spanish (#524)
- SCORM 1.2 English
- SCORM 1.2 Spanish
ADDRESSING COMBATIVE PATIENTS (#171)

This course is designed to provide an introduction to the topic of combative patients.

This course will help the trainee:
- Recognize the potential for encounters with combative patients.
- Possess options to evaluate, control, and defuse potentially dangerous situations.

Course Outline:
- Module 1: The Epidemiology of Combative Behavior
- Module 2: Responding to the Threat of Violence
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#171)
- SCORM 1.2 English

BACK INJURY PREVENTION IN HEALTHCARE (#170)

This course is designed to help employees recognize factors that contribute to back injury, and to identify strategies that can be implemented in the workplace to reduce the potential for back injury.

This course will help the trainee:
- Recognize factors that contribute to back injury.
- Identify strategies to reduce potential for back injury.

Course Outline:
- Module 1: Factors that Contribute to Back Injury
- Module 2: Back Injury Prevention
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#170)
- SCORM 1.2 English
BLOODBORNE PATHOGENS AWARENESS (#89)

This course is designed for workers who are not required to perform any duties that involve potential exposure to blood, but who need to be aware of the dangers of bloodborne pathogens.

This course will help the trainee:
- Be familiar with the OSHA Standard for Occupational Exposure to Bloodborne Pathogens 29 CFR 1910.1030.
- Understand how to respond to an incident in the workplace where there is potential exposure to blood or other potentially infectious materials because of an accident to themselves or a coworker.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Responding to an Exposure
- Module 3: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#89)
- Spanish (#510)
- SCORM 1.2 English
- SCORM 1.2 Spanish

BLOODBORNE PATHOGENS FOR DENTAL EMPLOYEES (#199)

This course is developed for employees working within the dental industry who need to be aware of the dangers of bloodborne pathogens.

This course will help the trainee:
- Be familiar with the 2001 Needlestick Safety and Prevention Act.
- Possess the knowledge and skills to understand the risk of bloodborne pathogen infections, recognize the symptoms of bloodborne pathogen infections, and identify practical steps you can take to reduce the risk of infection in the workplace.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Our Exposure Control Plan
- Module 3: The 2001 Needlestick Safety and Prevention Act
- Module 4: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#199)
- SCORM 1.2 English
BLOODBORNE PATHOGENS FOR EMERGENCY RESPONDERS (#91)

This course is developed for emergency responders who need to be aware of the dangers of bloodborne pathogens. This includes, but is not limited to, emergency response personnel working for government agencies and industrial first aid teams.

This course will help the trainee:
- Be familiar with the 2001 Needlestick Safety and Prevention Act.
- Possess the knowledge and skills to understand the risk of bloodborne pathogen infections, recognize the symptoms of bloodborne pathogen infections, and identify practical steps you can take to reduce the risk of infection in the workplace.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Our Exposure Control Plan
- Module 3: The 2001 Needlestick Safety and Prevention Act
- Module 4: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#91)
- SCORM 1.2 English

BLOODBORNE PATHOGENS FOR MORTUARY EMPLOYEES (#103)

This course is developed for employees working within the mortuary and death services industries who need to be aware of the dangers of bloodborne pathogens.

This course will help the trainee:
- Be familiar with the 2001 Needlestick Safety and Prevention Act.
- Possess the knowledge and skills to understand the risk of bloodborne pathogen infections, recognize the symptoms of bloodborne pathogen infections, and identify practical steps you can take to reduce the risk of infection in the workplace.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Our Exposure Control Plan
- Module 3: The 2001 Needlestick Safety and Prevention Act
- Module 4: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#103)
- SCORM 1.2 English
BLOODBORNE PATHOGENS IN HEALTHCARE SETTINGS (#188)

This course is designed specifically for employees working in the healthcare industry who need to be aware of the dangers of bloodborne pathogens.

This course will help the trainee:
- Be familiar with the 2001 Needlestick Safety and Prevention Act.
- Possess the knowledge and skills to: understand the risk of bloodborne pathogen infections, recognize the symptoms, and identify practical steps you can take to reduce the risk of infection in the workplace.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Our Exposure Control Program
- Module 3: The 2001 Needlestick Safety and Prevention Act
- Module 4: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#188)
- SCORM 1.2 English

HAZARD COMMUNICATION FOR HEALTHCARE EMPLOYERS (#94)

This course is designed to provide the trainee with the information pertaining to OSHA’s Hazard Communication Standard, which is found in the Code of Federal Regulations as Title 29 Part 1910.1200. This course is designed for employees working in the healthcare field.

This course will help the trainee:
- Recognize the presence of hazardous chemicals in the work area.
- Understand the physical and health hazards of hazardous chemicals.
- Know protective measures to help prevent harmful exposures to those chemicals.

NOTE: This course fulfills part of OSHA’s Dec. 1, 2013 training requirement deadline for having employees trained on the Globally Harmonized System (GHS) label elements and updated safety data sheet (SDS) formats. In addition to this course, we recommend that your employees also complete these two courses:
  - GHS: Understanding Safety Data Sheets (#251)
  - GHS: Understanding the New Label (#252)

There are additional site-specific training and notification requirements outlined in OSHA’s Hazard Communication Standard (HCS), updated in May 2012, that you must take to ensure you are fully in compliance with the standard. If you have questions, please consult with your local OSHA office for more information around these additional requirements.

Course Outline:
- Module 1: Overview
- Module 2: Detecting Chemicals in the Workplace
- Module 3: Physical and Chemical Hazards
- Module 4: Protective Measures
- Module 5: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#94)
- SCORM 1.2 English
HOUSEKEEPING IN THE HEALTHCARE SETTING (#190)

This course is designed to give employees working in the healthcare industries an overview of a workplace housekeeping program, as set forth in OSHA 29 CFR 1910.22.

This course will help the trainee:
- Recognize the essential elements of a workplace housekeeping program.
- Appreciate the benefits of an effective workplace housekeeping program.

Course Outline
- Module 1: Benefits of a Workplace Housekeeping Program
- Module 2: Elements of a Workplace Housekeeping Program
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#190)
- SCORM 1.2 English

IMPLEMENTING ERGONOMICS PROGRAMS IN HEALTHCARE (#195)

This course is designed to provide an overview of ergonomics for employees working in the healthcare industry.

This course will help the trainee learn:
- How to effectively address ergonomic issues in the workplace.
- How to be prepared to implement corrective actions for identified ergonomic issues.

Course Outline:
- Module 1: Signs of Work-Related Ergonomic Problems
- Module 2: Setting the Stage for Action
- Module 3: Building In-house Expertise
- Module 4: Gathering Evidence of Work-Related Ergonomic Injuries
- Module 5: Developing Controls
- Module 6: Healthcare Management
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#195)
- SCORM 1.2 English
INTRODUCTION TO OSHA FOR THE HEALTHCARE INDUSTRY (#193)

This course is designed to provide an introduction to OSHA for employees working in the healthcare industry.

This course will help the trainee:
- Appreciate the importance of OSHA in maintaining a safe workplace.
- Recognize how OSHA standards are developed.
- Be familiar with how OSHA is involved with the healthcare industry.
- Identify the major steps of the OSHA inspection process.

Course Outline:
- Module 1: Background, Structure, and Responsibilities of OSHA
- Module 2: How OSHA Impacts the Healthcare Industry
- Module 3: The OSHA Inspection Process
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#193)
- SCORM 1.2 English

LOCKOUT/TAGOUT: CONTROLLING HAZARDOUS ENERGY IN THE HEALTHCARE SETTING (#189)

This course is designed to provide employees with the information as required by OSHA’s standard for the Control of Hazardous Energy, commonly called the lockout/tagout standard. (OSHA 29 CFR 1910.147). This course is developed for employees working in the healthcare industry.

This course will help the trainee:
- Define and outline the responsibilities of affected and authorized employees under this regulation.
- Review the basic elements of an energy control program.
- Understand their responsibilities as an authorized employee under this program.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Affected and Authorized Employees
- Module 3: Energy Control Program
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#189)
- SCORM 1.2 English
RESPIRATORY PROTECTION IN HEALTHCARE (#191)

This course is designed to provide an overview of respiratory protection for employees working in the healthcare industry, as it pertains to OSHA 29 CFR 1910.134.

This course will help the trainee learn:
- Why a respirator is necessary and how improper fit, usage, or maintenance can compromise the protective effect of a respirator.
- The limitations and capabilities of respirators.
- How to inspect, put on and remove, use, and check the seals of the respirator.
- Procedures for maintenance and storage of the respirator.
- How to recognize medical signs and symptoms that may limit or prevent the effective use of respirators.

Course Outline:
- Module 1: Overview
- Module 2: Types of Respirators
- Module 3: Before Using Your Respirator
- Module 4: Proper Use, Maintenance, and Care
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#191)
- SCORM 1.2 English

SLIPS, TRIPS, AND FALLS IN HEALTHCARE (#192)

This course is designed to provide healthcare employees with information on how to recognize and prevent slips, trips, and falls, as it pertains to OSHA 29 CFR 1910.22.

This course will help the trainee:
- Recognize the major factors that cause slips, trips, and falls.
- Be familiar with strategies that can be implemented in the workplace to help reduce these accidents.

Course Outline:
- Module 1: Definitions and Causes
- Module 2: Preventive Measures
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#192)
- SCORM 1.2 English
Petroleum-Specific Courses

CONFINED SPACE ENTRY FOR PETROLEUM (#123)

This course is specifically developed for employees working for the petroleum industry. It will give trainees information to recognize, understand, and develop a fully-functional, permit-required confined space program to perform this type of work safely.

This course will help the trainee:
- Understand the definitions and hazards of confined spaces.
- Understand their roles and responsibilities.
- Understand the major elements of a confined space entry program.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Roles and Responsibilities
- Module 3: Identifying, Monitoring, and Entering Confined Spaces
- Module 4: The Permit System
- Module 5: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#123)
- SCORM 1.2 English

HAZARD COMMUNICATION FOR PETROLEUM (#185)

This course is designed specifically for employees working in the petroleum industry.

This course will help the trainee:
- Understand the components of your employer’s Hazard Communication Program.

NOTE: This course fulfills part of OSHA’s Dec. 1, 2013 training requirement deadline for having employees trained on the Globally Harmonized System (GHS) label elements and updated safety data sheet (SDS) formats. In addition to this course, we recommend that your employees also complete these two courses:
- GHS: Understanding Safety Data Sheets (#251)
- GHS: Understanding the New Label (#252)

There are additional site-specific training and notification requirements outlined in OSHA’s Hazard Communication Standard (HCS), updated in May 2012, that you must take to ensure you are fully in compliance with the standard. If you have questions, please consult with your local OSHA office for more information around these additional requirements.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Detecting Chemicals in the Workplace
- Module 3: Physical and Chemical Hazards
- Module 4: Protective Measures
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#185)
- SCORM 1.2 English
HEARING CONSERVATION FOR PETROLEUM (#184)

This course is designed to provide the trainee with the information pertaining to OSHA’s Noise Standard, which is found in 29 CFR 1910.95. This course is designed for workers employed in the petroleum industry.

This course will help the trainee:
- Understand the OSHA regulation pertaining to occupational noise exposure (29 CFR 1910.95).
- Be familiar with the effects of noise on hearing.
- Know the purpose of hearing protectors.
- Recognize the advantages and disadvantages of various types of hearing protectors.
- Be able to properly select, fit, use, and care of hearing protectors.
- Appreciate the purpose of audiometric testing programs.

Course Outline:
- Module 1: Hearing Loss
- Module 2: Measuring Sound
- Module 3: Your Company’s Hearing Conservation Program
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#184)
- SCORM 1.2 English

HYDROGEN SULFIDE FOR PETROLEUM INDUSTRY (#186)

This course is designed as an overview of hydrogen sulfide for employees working in the petroleum industry, as it pertains to OSHA 29 CFR 1910.1000 Table Z-2.

This course will help the trainee:
- Understand the hazards posed by exposure to hydrogen sulfide gas.
- Recognize the different control strategies used to protect workers in a hydrogen sulfide environment.
- Be prepared to implement the control strategies.

Course Outline:
- Module 1: Properties of Hydrogen Sulfide
- Module 2: Controlling Hydrogen Sulfide Exposures
- Module 3: Petroleum Industry Applications
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#186)
- SCORM 1.2 English
NATURALLY OCCURRING RADIOACTIVE MATERIAL (#197)

This course is designed to provide trainees with an overview of NORM – Naturally Occurring Radioactive Material.

This course will help the trainee:
- Understand what NORM is.
- Know where NORM comes from.
- Appreciate the hazard of exposure to NORM.
- Recognize the precautions necessary to prevent exposure.

Course Outline:
- Module 1: What is NORM?
- Module 2: Sources of NORM in the Oilfield
- Module 3: Health Hazards of NORM
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#197)
- SCORM 1.2 English

PERSONAL PROTECTIVE EQUIPMENT FOR PETROLEUM INDUSTRY (#187)

This course is designed to provide the trainee with information pertaining to OSHA’s Standard for PPE, which is found in 29 CFR 1910 Subpart I. This course is designed specifically for employees working in the petroleum industry.

This course will help the trainee:
- Possess the knowledge and skills necessary to achieve the maximum benefit from your use of personal protective equipment.

Course Outline:
- Module 1: Overview
- Module 2: Personal Protective Equipment
- Module 3: Maintenance and Care
- Module 4: Payment for PPE
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#187)
- SCORM 1.2 English
ACCESS TO MEDICAL & EXPOSURE RECORDS FOR CALIFORNIA EMPLOYERS (#220)

This course provides employees with an overview on the topic of access to medical and exposure records. It provides the information required by Title 8, Section 3204 of the California Code of Regulations (CCR).

This course will help the trainee:
- Understand their rights and responsibilities under OSHA’s Standard on Access to Employee Exposure and Medical Records 8 CCR Section 3204.
- Be familiar with the types of exposures to be concerned about and the types of records one can access under the Standard.

Course Outline:
- Module 1: Medical and Exposure Records
- Module 2: Designated Employee Representatives
- Module 3: Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#220)
- SCORM 1.2 English

BLOODBORNE PATHOGENS AWARENESS FOR CALIFORNIA (#231)

This program is designed for California workers who are not required to perform any duties that involve potential exposure to blood, but who need to be aware of the dangers of bloodborne pathogens as part of the employers overall safety program, as required by Title 8 CCR 5193.

This course will help the trainee:
- Be familiar with the OSHA Standard for Occupational Exposure to Bloodborne Pathogen.
- Understand how to respond to an incident in the workplace where there is potential exposure to blood or other potentially infectious materials because of an accident to one’s self or a coworker.

Course Outline
- Module 1: Overview of the Issue
- Module 2: Responding to an Exposure
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#231)
- SCORM 1.2 English
BLOODBORNE PATHOGENS AWARENESS IN DENTAL SETTINGS FOR CALIFORNIA EMPLOYERS (#230)

This course is developed to provide an overview of bloodborne pathogens to employees working within the dental industry, as required by Title 8 CCR 5193.

This course will help the trainee:
- Be familiar with the OSHA Standard for Occupational Exposure to Bloodborne Pathogens.
- Understand how to respond to an incident in the workplace where there is potential exposure to blood or other potentially infectious materials because of an accident to one’s self or a coworker.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Responding to an Exposure
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#230)
- SCORM 1.2 English

BLOODBORNE PATHOGENS AWARENESS IN HEALTHCARE SETTINGS FOR CALIFORNIA EMPLOYERS (#228)

This course is designed to provide an overview of bloodborne pathogens to employees in healthcare settings, as required by Title 8 CCR 5193.

This course will help the trainee:
- Be familiar with the OSHA Standard for Occupational Exposure to Bloodborne Pathogens.
- Understand how to respond to an incident in the workplace where there is potential exposure to blood or other potentially infectious materials because of an accident to one’s self or a coworker.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Responding to an Exposure
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#228)
- SCORM 1.2 English
BLOODBORNE PATHOGENS AWARENESS IN MORTUARY SETTINGS FOR CALIFORNIA EMPLOYERS (#227)

This course is designed to provide an overview of bloodborne pathogens to employees in mortuary and death services industries, as required by Title 8 CCR 5193.

This course will help the trainee:
- Be familiar with the OSHA Standard for Occupational Exposure to Bloodborne Pathogens.
- Understand how to respond to an incident in the workplace where there is potential exposure to blood or other potentially infectious materials because of an accident to one's self or a coworker.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Responding to an Exposure
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#227)
- SCORM 1.2 English

BLOODBORNE PATHOGENS AWARENESS IN PHARMACY SETTINGS FOR CALIFORNIA (#226)

This course is designed to provide an overview of bloodborne pathogens for employers of pharmacy settings, as required by Title 8 CCR 5193.

This course will help the trainee:
- Be familiar with the OSHA Standard for Occupational Exposure to Bloodborne Pathogens.
- Understand how to respond to an incident in the workplace where there is potential exposure to blood or other potentially infectious materials because of an accident to one's self or a coworker.

Course Outline:
- Module 1: Overview of the Issue
- Module 2: Responding to an Exposure
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#226)
- SCORM 1.2 English
EMERGENCY EYEWASH AND SHOWER FOR CALIFORNIA EMPLOYERS (#216)

This course provides the trainee with an overview of emergency and shower safety. This course has been specifically designed for California employers covered by Title 8 CCR 5162 of the General Industry Safety Orders.

This course will help the trainee:
- Describe the importance of maintaining safety showers and eyewash stations.
- Identify some common types of safety showers and eyewash stations.
- Explain the basic steps used to operate common types of this equipment.
- Monitor the condition of safety showers and eyewash stations in the work area.

Course Outline:
- Module 1: Overview of the topic
- Module 2: Different types of devices
- Module 3: Proper use and maintenance
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#216)
- SCORM 1.2 English

HAND AND POWER TOOLS FOR CALIFORNIA EMPLOYERS (#233)

This course is designed to provide an overview of hand and power tool safety for trainees who work in California.

This course will help the trainee understand:
- The hazards associated with hand and portable power tools.
- The specific precautions that should be taken with each type of hand and portable power tools.

Course Outline:
- Module 1: General Safety Precautions
- Module 2: Hand Tools
- Module 3: Power Tools
- Module 4: Your Responsibilities
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#233)
- SCORM 1.2 English
HEARING CONSERVATION IN CONSTRUCTION FOR CALIFORNIA EMPLOYERS (#218)

This course is designed to provide an overview of hearing conservation for workers employed in construction, as it pertains to Title 8 CCR 5099.

This course will help the trainee understand:
- The effects of noise on hearing.
- The purpose of hearing protectors.
- The advantages and disadvantage of various types of hearing protectors.
- The purpose of audiometric testing.

Course Outline:
- Module 1: Hearing Loss
- Module 2: Measuring Sound
- Module 3: Your Company’s Hearing Conservation Program
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#218)
- SCORM 1.2 English

HEARING CONSERVATION IN GENERAL INDUSTRY FOR CALIFORNIA EMPLOYERS (#217)

This course is designed to provide an overview of hearing conservation for workers employed in general industry, as it pertains to Title 8 CCR 5099.

This course will help the trainee understand:
- The effects of noise on hearing.
- The purpose of hearing protectors.
- The advantages and disadvantage of various types of hearing protectors.
- The purpose of audiometric testing.

Course Outline:
- Module 1: Hearing Loss
- Module 2: Measuring Sound
- Module 3: Your Company’s Hearing Conservation Program
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#217)
- SCORM 1.2 English
HEARING CONSERVATION IN MANUFACTURING FOR CALIFORNIA EMPLOYERS (#219)

This course is designed to provide an overview of hearing conservation for workers employed in manufacturing, as it pertains to Title 8 CCR 5099.

This course will help the trainee understand:
- The effects of noise on hearing.
- The purpose of hearing protectors.
- The advantages and disadvantage of various types of hearing protectors.
- The purpose of audiometric testing.

Course Outline:
- Module 1: Hearing Loss
- Module 2: Measuring Sound
- Module 3: Your Company’s Hearing Conservation Program
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#219)
- SCORM 1.2 English

HEAT ILLNESS PREVENTION FOR CALIFORNIA EMPLOYERS (#221)

This course is designed to provide information for workers who face the risk of heat-related illnesses on the job, as set forth in Title 8 CCR 3395.

This course will help the trainee:
- Understand the dangers of heat stress.
- Recognize signs and symptoms of the various stages of heat stress.
- Understand potential strategies to mitigate the effects of heat and prevent heat stress.

Course Outline:
- Module 1: Understanding Heat Stress
- Module 2: Controlling Heat Stress
- Module 3: The California Heat Illness Prevention Rule
- Exam

The trainee's comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#221)
- SCORM 1.2 English
POWERED INDUSTRIAL TRUCK IN GENERAL INDUSTRY FOR CALIFORNIA EMPLOYERS (#225)

This course is designed for powered industrial truck operators in general industry, and provides the information specified in Title 8 CCR 3668.

This course will help the trainee:
- Be more familiar with operating characteristics of powered industrial trucks.
- Be prepared to follow the employer’s operation instructions.
- Recognize issues related to the operating environment.

Course Outline:
- Module 1: Overview
- Module 2: Truck Inspections
- Module 3: Standard Operating Procedures
- Module 4: Hazardous Environments
- Module 5: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#225)
- SCORM 1.2 English

POWERED INDUSTRIAL TRUCK IN WAREHOUSE OPERATIONS FOR CALIFORNIA EMPLOYERS (#224)

This course is designed for powered industrial truck operators in warehouses, and provides the information specified in Title 8 CCR 3668.

This course will help the trainee:
- Be more familiar with operating characteristics of powered industrial trucks.
- Recognize issues related to the operating environment.

Course Outline:
- Module 1: Overview
- Module 2: Truck Inspections
- Module 3: Standard Operating Procedures
- Module 4: Hazardous Environments
- Module 5: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#224)
- SCORM 1.2 English
SLIPS, TRIPS, AND FALLS FOR CALIFORNIA EMPLOYERS (#234)

This course is designed to provide California employers with an overview of the major causes of slips, trips, and falls and how the number of accidents can be reduced.

This course will help the trainee:
- Recognize the major causative factors for slips, trips, and falls.
- Be familiar with strategies that can be implemented in the workplace to reduce the possibility of these accidents.

Course Outline:
- Module 1: Definitions and Causes
- Module 2: Preventive Measures
- Module 3: Your Responsibilities
- Exam

The trainee’s comprehension of the training material is reviewed throughout the course with end of module quizzes to help the learning process.

This course is available in the following formats:
- English (#234)
- SCORM 1.2 English